

## **Resilience in Southeast Asian Communities: Research and Practice**

Date and Time: 12<sup>th</sup> June 2023, 16:50 ~ 18:20 (Japan time)

Total symposium time: 90 mins

Venue: Pacifico Yokohama North

### **Speakers:**

International Longevity Centre-Singapore, Tsao Foundation

Coalition of Services of Elderly: COSE

Foundation for Older Persons' Development, FOPDEV

### **Concept Note**

With increased ageing communities in Southeast Asia and greater risks from natural disasters, economic hardships and other stressors, there is an urgent need to promote and develop resilience in these communities so that older persons can recover and continue to flourish.

Through collaboration with academics and practitioner from Southeast Asia, the regional community resilience project (RCRP) was commissioned to explore how community resilience manifests and can be promoted among place-based ageing communities in the region.

In this webinar, we will share and discuss resilience research, frameworks, and good practices for programming in ageing communities, focusing on a Southeast Asian perspective. Findings from our case studies of good practices from each partner country of Singapore, Philippines, and Thailand will be presented.

Through this sharing, we hope to catalyse wider discussion, practice and partnerships on resilience-based approaches and research in your communities or programmes.

Program/Time	
16.50-5.10pm (15 minutes + 5 minutes Q&A)	<p><b>Resilience Research, Frameworks and Good practices for Programming in Ageing Communities: A Southeast Asian Perspective</b></p> <p>A variety of research techniques were applied in our study on community resilience. In this segment, we share findings from our systematic review on related processes and capacities or 'assets' required for resilience-building that were cross-validated through an expert panel. A further 112 in-depth interviews were completed and analysed to develop case studies as well as good practices.</p> <ul style="list-style-type: none"> <li>• Ms Susana Harding Senior Director International Longevity Centre-Singapore</li> </ul>
5.10-5.30pm (15 minutes + 5 minutes Q&A)	<p><b>Overcoming economic hardships and establishing resilience through community savings groups and livelihood training</b></p> <p>Constant natural disaster and economic woes has led to financial hardships for many older adults in Philippines. This good practice looks at how the community can offer alternative financial assistance to help older persons tie over economically and achieve better financial resilience.</p> <ul style="list-style-type: none"> <li>• Ms Clarisse Aquino Research and Program Officer Coalition of Services of the Elderly: COSE</li> </ul>
5.30-5.50pm (15 minutes + 5 minutes Q&A)	<p><b>Building a local pool of care helpers: The 'Don Kaew' volunteer model</b></p> <p>The need for formal and informal care is projected to increase with population ageing. Capacity-building of community to provide care is needed to assist older adults to age-in-place and develop resilience. To address the care needs of older adults, Don Kaew used a whole of community approach to establish a volunteer-driven long-term care system.</p> <ul style="list-style-type: none"> <li>• Dr. Patcharawan Srisilapanan Chairperson Foundation for Older Persons' Development, Thailand</li> </ul>
5.50-6.10pm (15 minutes + 5 minutes Q&A)	<p><b>Role of arts and heritage in building community resilience for older adults</b></p> <p>Community arts can be used to develop community identity, sense of belonging and inspire community members to work together to address risk. Drawing from our case study in Singapore, we will share related community art projects where art practitioners used creative art programs to draw out older persons experiences and provide platforms for them voice their concerns on issues pertinent to them. The process not only empowers older adults but also strengthens resilience.</p> <ul style="list-style-type: none"> <li>• Ms Susana Harding Senior Director International Longevity Centre-Singapore</li> </ul>
6.10-6.20pm (10 minutes)	Overall Q&A (by all speakers)